

Becoming Eucharist

Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

November 1, 2020
Solemnity of All Saints:
Matthew 5:1-12a

Which Beatitude speaks to you? Why?

Do you know someone who lives one of the Beatitudes well? How do they live it?

Is there a Beatitude you would like live better in your life? How will you do that?

November 8, 2020
32nd Sunday in Ordinary Time:
Matthew 25:1-13

If you knew that Jesus was coming to visit, what would you do to get ready?

Because we do not know when Jesus is coming again, how do you get ready for the time when he does come?

November 15, 2020
33rd Sunday in Ordinary Time:
Matthew 25:14-30

What are some of your talents?

How do you use your talents to serve others? How do you use them to serve God?

What is a new way you can use your talents to serve God and others?

November 22, 2020
The Solemnity of Christ the King:
Matthew 25:31-46

What do you feel after hearing what Jesus expects of his followers?

How do you live this Gospel? Do you need to make changes to your life?

How can you reach out to those who are in need?

Do you see Jesus in those in need?

November 29, 2020
First Sunday of Advent:
Mark 13:31-37

What do you hear Jesus telling you in today's Gospel?

How are you preparing your heart during Advent for Jesus's coming at Christmas?

How do your Advent practices help you prepare for Jesus's coming at the end of time?

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Read and Reflect on Sunday's Gospel
Sunday's gospel and reflection questions can be found on the other side.

Family Action Step
Choose an action for your family this week that brings Christ to others.

Prayer after Meals
We give you thanks for all your gifts, almighty God, living and reigning now and for ever. Amen.

Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.

Prayer before meals
Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ, Our Lord. Amen.

Eat the meal together. Have each family member respond to the following questions:
Where have I given kindness today? Where have I received kindness today?