

Becoming Eucharist

Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

September 6, 2020, 23rd
Sunday in Ordinary Time:
Matthew 18:15-20

- Has anyone ever hurt your feelings or done something to you that was hurtful?
- What did you do about it?
 - How does Jesus ask us to handle in the Gospel Do you think you can do that?

September 13, 2020, 24th
Sunday in Ordinary Time:
Matthew 18:21-35

- Is it easy to forgive someone who has hurt you? When have you forgiven someone?
- What do you think Jesus means when he says we have to forgive "seventy-seven times?"
- How do you forgive "from your heart?" Is it just with words or are there other actions you have to take? What are they?

September 20, 2020, 25th
Sunday in Ordinary Time:
Matthew 20: 1-16A

- Do you think it was fair of the landowner to pay everyone the same even if they did not work the same hours? Why or why not?
- What do you think Jesus is trying to teach us with this parable?
- Should we be jealous of others because God is generous with them?

September 27, 2020,
26th Sunday in Ordinary Time:
Matthew 21:28-32

- Did the chief priests and elders give Jesus the right answer? (Yes) Then why did he say that sinners would get into heaven before they would?
- What does it mean when someone says, "Actions speak louder than words?"
- What does Jesus want from us? Can we just say the words he wants to hear? Or do we have to do the things he wants us to do?
- What can we do to show Jesus we don't just say the words?

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Bring your bible and this card to your dinner table with your family to discuss Sunday's Gospel and how you can be the Body of Christ in the world.

Prayer before meals

Bless us, O Lord,
and these thy gifts which
we are about to receive from thy
through Christ, Our Lord.
Amen.

Eat the meal together. Have each family member respond to the following questions:
Where have I given kindness this week?
Where have I received kindness this week?

Family Action Step

Go out into the world to be the Body of Christ. Choose an action for your family this week that brings Christ to others. Maybe it is an action inspired by your Gospel reflection.

Read and Reflect on Sunday's Gospel found on the other side.

Prayer after Meals

We give you thanks
for all your gifts,
almighty God,
living and reigning
now and for ever.
Amen.