

# Becoming Eucharist

## Mealtime Table Talk for Families

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December 8, 2020,  
Solemnity of the  
Immaculate Conception:  
**Luke 1:26-38**

December 25, 2020, The Nativity of the Lord (Christmas):  
**Matthew 1:1-25**  
**Luke 2:1-14**  
**Luke 2:15-20**  
**John 1:1-18**

How do you think Mary felt about Gabriel's announcement?

What is your favorite part of the Christmas story?

What was Mary's answer to Gabriel?

How do you give glory to God?

How do you feel when someone asks you to do something that is difficult or seems impossible?

With whom will you share the Good News of Jesus's birth? How will you do it?

What gives you strength and courage to do things you don't want to do?



*Eat the meal together. Have each family member respond to the following questions:*  
Where have I given kindness today?  
Where have I receive kindness today?

*Prayer before meals*  
Bless us, O Lord,  
and these thy gifts which  
we are about to receive from thy  
bounty,  
through Christ, Our Lord.  
Amen.

*Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.*

*Prayer after Meals*  
We give you thanks  
for all your gifts,  
almighty God,  
living and reigning  
now and for ever.  
Amen.

*Family Action Step*  
Choose an action for your family this week  
that brings Christ to others.

*Read and Reflect on Sunday's Gospel*  
Sunday's gospel and reflection questions  
can be found on the other side.