

# Becoming Eucharist

## Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

February 7, 2021  
Fifth Sunday in  
Ordinary Time  
**Mark 1:29-39**

Imagine what you think it was like when Jesus was healing the people. What do you see? Hear? Smell? Feel?

Why do you think Jesus goes off to a deserted place to pray?

What do you want Jesus to heal in you?

February 14, 2021  
Sixth Sunday in  
Ordinary Time  
**Mark 1:40-45**

Why do you think Jesus healed the leper?

Why do you think Jesus told the leper not to tell anyone?

Why do you think the leper told people anyway?

February 21, 2021 First  
Sunday of Lent  
**Mark 1:12-15**

Why do you think the Spirit drove Jesus into the desert?

What do you think Jesus did there?

Jesus tells us to "Repent, and believe in the gospel." Where else do we hear these words?

What is it you need to change during this season of Lent to believe in and live the gospel more fully?

February 28, 2021  
Second Sunday of Lent  
**Mark 9:2-10**

We hear a version of this gospel every Second Sunday of Lent. Does it seem familiar to you? What do you remember from other years?

What do you think it would be like to be Peter, James, and John?

Have you ever had a faith experience like they did? What did you think? Feel?

Do you think it would be hard to keep the Transfiguration to yourself?

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*Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.*

### Prayer before meals

Bless us, O Lord,  
and these thy gifts which  
we are about to receive from thy  
bounty,  
through Christ, Our Lord.  
Amen.

*Eat the meal together. Have each family member respond to the following questions:*  
Where have I given kindness today?  
Where have I received kindness today?

Read and Reflect on Sunday's Gospel  
Sunday's gospel and reflection questions can be found on the other side.

### Family Action Step

Choose an action for your family this week that brings Christ to others.

### Prayer after Meals

We give you thanks  
for all your gifts,  
almighty God,  
living and reigning  
now and for ever.  
Amen.