

Becoming Eucharist

Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

March 7, 2021
Third Sunday of Lent
John 2:13-25

Why did Jesus get so angry?
How did you feel when Jesus got angry?
Is it okay to get angry?
When is it okay?
When is it not okay?

March 14, 2021
Fourth Sunday of Lent
John 3:14-21

Why did God send his Son, Jesus to us?
How does it make you feel that God loves you so much that he gave us his Son?
What do you think it would be like to make a sacrifice like that?

March 21, 2021
Fifth Sunday of Lent
John 12:20-33

Jesus tells us that a grain of wheat has to die to produce fruit. What do you think he is telling us through that image?
What are the things you need to give up to be a fruitful part of God's kingdom?
How do you think you would feel to be Jesus, knowing that you will have to die to save people?

March 28, 2021
Palm Sunday of the Lord's Passion
Mark 11:1-10

Imagine you are in the crowd when Jesus enters Jerusalem. What are you thinking? Feeling? Hoping? Seeing? Hearing?
Palm Sunday marks the beginning of the holiest week of the year for Christians. How are you preparing to enter into Holy Week?

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Read and Reflect on Sunday's Gospel
Sunday's gospel and reflection questions can be found on the other side.

Family Action Step
Choose an action for your family this week that brings Christ to others.

Prayer after Meals
We give you thanks for all your gifts, almighty God, living and reigning now and for ever. Amen.

Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.

Prayer before meals
Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ, Our Lord. Amen.

Eat the meal together. Have each family member respond to the following questions:
Where have I given kindness today?
Where have I received kindness today?