

Becoming Eucharist

Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

April 1, 2021

Holy Thursday – Evening Mass of the Lord’s Supper
John 13:1-15

It was common in the time of Jesus to have servants wash the feet of guests of a house. Why do you think Jesus washed the feet of the disciples instead of having a servant do it?

Why do you think Peter did not want Jesus to wash his feet?

When have you been like Jesus and humbled yourself to serve another?

When have others been like Jesus to you?

April 2, 2021

Good Friday of the Lord’s Passion
John 18:1-19:42

We hear the Passion of the Lord twice a year – Palm Sunday and Good Friday. How does the story of Jesus’s arrest, crucifixion, and death make you feel? Do you hear anything different this year?

Imagine that you are different people in the Passion – Jesus, Peter, Pilate, Judas, Mary, the high priests, Mary of Magdala. What do you think each are feeling?

Jesus’s death is an act of great love for all humankind. What can you do to share that great love with others and allow others to have no doubt that Jesus loves them.

April 3, 2021

Holy Saturday at the Easter Vigil in the Holy Night of Easter
Mark 16:1-7

What does this Gospel tell us about the first Easter morning?

What would your response have been to the angel’s announcement?

Who first told you about Jesus’s death and resurrection? Why is it important to continue to share the story?

Share a time when you died to yourself, and experienced a ‘resurrection’ afterward.

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Read and Reflect on Sunday’s Gospel
Sunday’s gospel and reflection questions can be found on the other side.

Family Action Step
Choose an action for your family this week that brings Christ to others.

Prayer after Meals
We give you thanks for all your gifts, almighty God, living and reigning now and for ever. Amen.

Bring this table tent to your dinner table with your family once a week to discuss Sunday’s Gospel and how you can be the Body of Christ in the world.

Prayer before meals
Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ, Our Lord. Amen.

Eat the meal together. Have each family member respond to the following questions: Where have I given kindness today? Where have I received kindness today?