

# Becoming Eucharist

## Mealttime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

May 2, 2021  
Fifth Sunday of  
Easter  
**John 15:1-8**

How do you stay connected to God every day?

When do you feel most connected to God?

What do you think it means to "bear much fruit?"

May 9, 2021  
Sixth Sunday of  
Easter  
**John 15:9-17**

Jesus tells us how much he loves us. How do you know of his love?

How do you show the love of Jesus to others?

Who do you know who is in most need of your love and through you, the love of Jesus?

May 16, 2021  
Solemnity of the  
Ascension of the  
Lord  
**Mark 16:15-20**

How do you think the apostles felt seeing Jesus leave them for the last time? How would you feel?

Jesus gave them and us a mission to go and "proclaim the gospel to every creature." How do you live out that mission today?

May 23, 2021  
Pentecost Sunday  
**John 20:19-23 or  
John 15:26-27; 16:12-15**

What gift did Jesus give to the disciples to be able to do the work he has asked of them?

How do you know when the Holy Spirit is helping you?

Think of a time when you really felt the Holy Spirit working in your life. Tell that story.

May 30, 2021  
Solemnity of the  
Most Holy Trinity  
**Matthew 28:16-20**

What is the Holy Trinity?

The Trinity is celebrated today. How would you describe your relationship with God the Father? With Jesus? With the Spirit?

How do you live out the mission that Jesus gave his disciples?

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

## Mealttime Table Talk for Families

# Becoming Eucharist

*Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.*

Prayer before meals

Bless us, O Lord,  
and these thy gifts which  
we are about to receive from thy  
bounty,  
through Christ, Our Lord.  
Amen.

*Eat the meal together. Have each family member respond to the following questions:  
Where have I given kindness today?  
Where have I receive kindness today?*

Read and Reflect on Sunday's Gospel  
Sunday's gospel and reflection questions can be found on the other side.

Family Action Step

Choose an action for your family this week that brings Christ to others.

Prayer after Meals

We give you thanks  
for all your gifts,  
almighty God,  
living and reigning  
now and for ever.  
Amen.