

Becoming Eucharist

Mealtime Table Talk for Families

Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people.

-Acts of the Apostles 2:46-47a

July 4, 2021
Fourteenth Sunday in
Ordinary Time
Mark 6:1-6

Have you ever not
been listened to?
What did that feel
like?

How do you think it
made Jesus feel when
he wasn't listened to?

Are there times that it
is difficult to talk
about your faith?
What do you do
when it is difficult?

July 11, 2021
Fifteenth Sunday in
Ordinary Time
Mark 6:7-13

Why do you think
Jesus sent his
disciples two by
two with very few
resources?

Who do you tell
about Jesus?

What has been the
response you've
received from
people when you
talk about Jesus?

July 18, 2021,
Sixteenth Sunday in
Ordinary Time
Mark 6:30-34

Why do you think
Jesus wanted his
disciples to rest
when they returned?

Is rest important? Do
you make time for
rest in your life?

July 25, 2021
Seventeenth Sunday
in Ordinary Time
John 6:1-15

Have you ever been
like the disciples and
think your small
contribution will not
make a difference?

What did Jesus do
with the small
contribution made?

What do you think
Jesus is teaching us
about our own
contributions to the
world?

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Bring this table tent to your dinner table with your family once a week to discuss Sunday's Gospel and how you can be the Body of Christ in the world.

Prayer before meals

Bless us, O Lord,
and these thy gifts which
we are about to receive from thy
bounty,
through Christ, Our Lord.
Amen.

Eat the meal together. Have each family member respond to the following questions:
Where have I given kindness today?
Where have I received kindness today?

Family Action Step
Choose an action for your family this week that brings Christ to others.

Prayer after Meals

We give you thanks
for all your gifts,
almighty God,
living and reigning
now and for ever.
Amen.